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# Success Not Stigma -

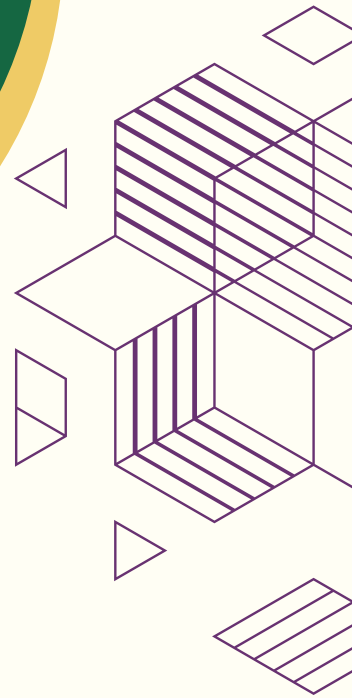
*An event for caregivers  
of individuals with FASD*



Manitoba FASD Coalition



FASD MENTORS OF CHANGE



**April 15, 2025**

9:30 AM - 4:00 PM  
Red River Community  
Centre - 298 Murray Ave

**REGISTER NOW!**

**Free Event  
Lunch Included**

**Featuring Keynote Speakers:  
Maggie May &  
RJ Formanek**

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fasdcoalition.ca

# Success Not Stigma

## Keynote Speakers

### Maggie May



Maggie May, who is 28 years old, was diagnosed at the age of five with FAS in foster care. She was born in and has lived her entire life in Ireland. She is a well-known speaker on FASD, moderates several on-line groups including the largest global online support group for teens and adults with FASD and provides online mentoring to teens with FASD in several countries. Maggie has been a member of the ALC for 6 years. She works FASD Awareness. She is an expert advisory committee member for the development of a health app for adults with FASD by the University of Rochester, USA. Maggie's goal is to help those with FASD to find their own voices, and the courage to be who they are and achieve what they want to do.

### RJ Formanek



Having not received an FASD diagnosis until his late forties, RJ Formanek was startled to find how many of the strategies he had used throughout life were a result of FASD.

RJ found that sharing these strategies was a helpful educational tool and that, along with founding the Facebook support group "Flying With Broken Wings," gives him a unique insight into living with Fetal Alcohol Spectrum Disorder, which he shares freely.

He is the co-founder of the FASD advocacy and support group "Red Shoes Rock," which shows that FASD is real and that many people are dealing with it every day, all around the world. RJ also speaks widely, advocating for people living on the spectrum. It is through team effort that more research and education are being done, and getting this information out to the public is important.

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