



Manitoba FASD Coalition

Join us for an Information Series Workshop

Assertive Communication Strategies for Caregivers

With Maya Woods

Friday, February 28th, 2025, 12:00 p.m. – 1:00 p.m.

This is a FREE event sponsored by the Manitoba FASD Coalition and the Manitoba FASD Family Network - Session will run from 12:00 p.m. to 1:00 p.m.

Caregivers are often called upon to be strong advocates for their families, but advocacy isn't easy. There are several communication tools you can learn and use to help you become a clearer communicator in your advocacy journey. In this session we'll discuss the importance of strong communication in stressful or challenging situations, review several tools you can add to your caregiver toolbox, and practice these tools to give you the confidence to try them yourself next time you're advocating for your family!

The Info Series Workshop will be in the form of a Zoom webinar. Please register in advance.



[Click here to Register](#)

If you find that you are not able to attend, please cancel your registration before the workshop by notifying the office coordinator@fasdcoalition.ca