



Manitoba FASD Coalition

Join us for an Information Series Workshop
Healthy Sleep for Individuals with FASD

Friday, February 23, 12 – 1:00 p.m.

This is a FREE event sponsored by the Manitoba FASD Coalition and the
Manitoba FASD Family Network

Session will run from 12:00 p.m. to 1:00 p.m.

Join us Friday, February 23, 2024, at noon to hear Dr. Ana Hanlon-Dearman present on how sleep can be impacted in people with FASD and strategies that may be helpful.

This presentation will be of interest to parents, caregivers, service providers and anyone with an interest in FASD and managing sleep.

The Info Series Workshop will be in the form of a Zoom webinar. Please register in advance,

https://us02web.zoom.us/meeting/register/tZlSfumorjwiGdVzlr6Hrqc5zmEK_ZAiRwoj

If you find that you are not able to attend, please cancel your registration before the workshop by notifying the office, coordinator@fasdcoalition.ca