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Ka Ni Kanichihk Inc.
"those who lead"

January 10th, 2024

To: Manitoba service provider based organizations

RE: Call for Service Providers via Ka Ni Kanichihk's FASD Training

The Manitoba FASD Strategy consultations revealed a need for Indigenous-led initiatives, and Ka Ni Kanichihk has led the way in the development of their FASD training. This FASD training is an Indigenous-led training designed for service providers and helpers who may be working with Indigenous peoples and communities, particularly those who are part of the FASD community.

Training participants will complete a self-paced virtual webinar that covers introductory and contextual information related to FASD; these are essential seeds sown that will grow throughout the training experience.

The one-day in-person 8 hour training session includes guided personal reflection and consideration for practical implementation in service provider's unique roles. Service providers will also learn about anti-oppression in practice, and the unique relationship between Indigenous people, trauma, and alcohol, as well as Indigenous resilience and ways of doing, to provide respectful and responsive care. Participants can expect to learn and engage through presentation, group work, and experiential exercises.

The approaches of the two day training are both trauma and culturally informed and our goal is to create a safer space to come into awareness of individual approaches to the work service providers do. The completion of the self paced virtual webinar is required for the in person training participation.

[Ka Ni Kanichihk](#) is a registered non-profit organization that provides Indigenous identified and led programs designed with a foundational principle of strengthening the local community. Program designs integrate spirituality and Indigenous identity, and are targeted mainly for Indigenous women, children and youth. We work closely with our funders and other government agencies to deliver these essential services to the community.

FASD Training Learning Objectives:

(Day one) Self-paced webinar:

- Understanding FASD in a two eyed seeing approach
- The societal culture of alcohol
- Contextual factors



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- FASD knowledge translation into practice

(Day two) In-person:

- To understand and reflect on the relationship between alcohol, trauma and FASD for Indigenous Peoples
- Reinforce that FASD is a societal issue and discover roles and responsibilities.
- An invitation for service providers to acknowledge the harm in the systems they work in and understand moral courage to decolonize their approaches.

Ka Ni Kanichihk's FASD training for service providers is complimentary however service providers are asked to provide space to host the one-day in person training. Please note we'll be moving into small groups and experiential activities while using a powerpoint slide. We request a smudge friendly space if possible.

In terms of logistics, the day two in person training is an 8 hour day, 8:30am - 4pm offered between January 15th - March 31st, 2024.

If you're interested in this training, please review and complete the digital form [here](#) to share details on the organization you're with and to choose potential dates for the training.

If you have questions regarding the training, you're invited to email Jennifer Meixner at jmeixner@kanikanichihk.ca.

Ka Ni Kanichihk's FASD Training Co-Facilitators:



Lee Mae Spence (she/her/Iskwew) is a proud Inineew, Metis and European mixed Iskwew. She is a consultant and breathwork facilitator who bridges the liminal space between Indigenous knowledge and practices with two eyed seeing with the goal of creating a more interconnected, reciprocal world. Lee is passionate about making an equitable difference where-ever and whoever she is around. She is a kind and thought provoking facilitator, who is committed to ongoing growth and evolution to support organizational cultures



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and outcomes for a better future. Lee's work is implemented in the spirit of truth + reconciliation and focuses on building knowledge and capacities for both Indigenous and non-Indigenous individuals, organizations, and communities. She carries teachings from Knowledge Keepers, Elders and Knowledge Carriers with her to share.



Jen Meixner (she/her) is a Metis and mixed-settler woman, mother, post-secondary educator, and lifelong learner who is passionate about ethical reconciliation in practice, and decolonizing systems and governance. She holds a Bachelor of Arts in Conflict Resolutions, Bachelor of Social Work, and Masters of Arts in Indigenous Governance. Jen is a Registered Social Worker in Manitoba, and is the current President of the Manitoba College of Social Workers. She is also on the Board of Directors for the Manitoba FASD Coalition. Jen is an Assistant Professor in the Faculty of Social Work at Booth UC, and sessional lecturer at the University of Winnipeg in the Indigenous Studies department. As a consultant and facilitator, Jen is creative and engaging, and she walks alongside individuals and communities in humility, reciprocity and love, for a *just* future that includes everyone.