



Shannon Foster

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Interlake

Shannon Foster is a Registered Social Worker, having completed a Masters of Social Work degree and a Bachelor of Social Work degree at the University of Manitoba. She also earned an Advanced Bachelor of Arts degree, with a specialization in Psychology. She has gained her experience working with children, youth and families over the last 10 years recognizing their strengths and empowering them to reach emotional, spiritual, and psychological well-being. She works with individuals and their families/support networks to discover their needs and build on their strengths. She believes that growth and healing is always possible and to always be curious and enjoy the gifts each individual and family has to give.

Shannon has experience in the field of neurodevelopmental disorders, generally Fetal Alcohol Spectrum Disorder, childhood development and the impacts of mental health, trauma and other hidden forms of disability on the developing brain. She has worked in FASD prevention and intervention programs, the child welfare system and within private practice. Shannon is considered one of the leading professionals in working directly with adolescents with FASD in Manitoba and has worked in various prevention and intervention FASD programs, as well as seeks to provide community based services and alternative therapeutic options for individuals with disabilities. Shannon implements more strength-based and empowerment theories into practical policy for community-based service programs and has enriched her experience with first-hand knowledge of working with multi-agency involvement and the fields of healthcare, FASD prevention and intervention, child neurodevelopment, Child and Family Services, suicide assessment, crisis management and identifies as a Métis woman.