

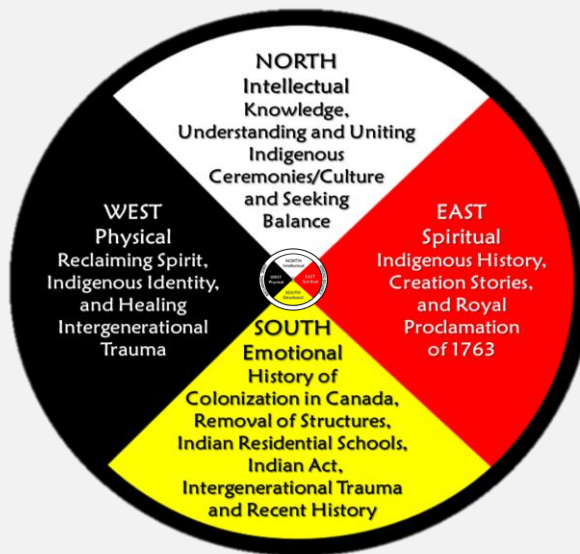


Manitoba FASD Coalition Inc Special Event Mini-Series presents **RECLAIMING SPIRIT – SEEKING BALANCE**

The Indigenous Spiritual Care Services provides Indigenous cultural support services to Miikana Pimatiziwin – Life's Journey participants and staff.

Our agency would like to extend an opportunity for Individuals to sign up and commit to participating in **4 free sessions** of ZOOM cultural teachings using the **Four Cardinal Directions - Circle of Life - Medicine Wheel Philosophy**

The very important topics that will be covered in each cardinal direction are:



Spots are limited – Please be advised this is a 4-session commitment

When: Wednesday's beginning January 13th, February 3rd, February 24th and March 17th, 2021

Hours: (1:00 – 4:30 pm) 3 ½ hours commitment to each session.

Pre-registration required by January 8th, 2021. Please register with the below Zoom link
https://zoom.us/meeting/register/tJ0tcuquqz0rE9zYYwf_-GPlqxs7k5_f6-Av

For further information please contact Debbie Cielen at d.cielen@LifesJourneyInc.ca