

New Directions FASD Family Support, Education and Counselling Program

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The FASD Family Support program works with families and the community to support children and youth with Fetal Alcohol Spectrum Disorder. The team consists of individuals from various professional and educational backgrounds, such as Occupational Therapy, Social Work, Sociology, Counselling and Therapy. Combined experience includes direct work with families, involvement with the educational and childcare system, mental health, addictions, trauma and attachment. The team's experience ranges from 5-20 plus years in the field of FASD. Areas of workshop topics include: FASD Basics; Strategies (for home, school or daycare); Sensory Integration; and self regulation for children and youth with FASD. Please note: Ability to meet requests is based on the availability of program staff.