

# **Final Report: 2017 Looking After Each Other and FASD Coalition Gathering**

Prepared by: The Looking After Each Other Project Planning Committee

May 16 – 18, 2017



***Looking After Each Other***  
A Dignity Promotion Project

August, 2017

## Table of Contents

Day One – ½ Day of Networking for Coalition Members .....	3
Coalition Updates .....	3
Popular Education Resources .....	4
Manitoba FASD Coalition Updates .....	6
Day Two – Building Stronger Relationships .....	6
Pipe and Water Ceremony .....	7
Introduction and Welcome .....	8
Teaching on Looking After Each Other.....	9
Panel Discussion on the Meaning of Tobacco and how it is Offered .....	9
Community Group Discussions .....	10
Afternoon Activities .....	12
Discussion with the LAEO Project’s Research Subcommittee.....	14
Day Three – Building Stronger Relationships.....	16
Drumming and Welcoming Remarks .....	16
Teaching on Parenting and Family Life .....	16
Premiere of the LAEO Project’s New Mini-Documentary.....	17
Panel Discussion .....	18
Presentation on Reconciliation .....	18
Discussion on the Mapping the Gaps Report .....	19
Large Group Discussion & Reflections on the Annual Gathering .....	20
Closing Remarks, Round Dance and Prayer .....	22
Appendix A: FASD Coalition Updates .....	23

Appendix B: Getting Started in Your Community ..... 29

Appendix C: FASD Programs and Services Available in Manitoba ..... 31

Appendix D: LAEO Project Planning Committee and Subcommittee Members ..... 32

On May 16<sup>th</sup>, 17<sup>th</sup> and 18<sup>th</sup>, the planning committee for the Looking After Each Other (LEAO) project, with assistance from Healthy Child Manitoba Office (HCMO), hosted the 2017 Looking After Each Other and FASD Coalition Gathering. The theme for this year's event was Building Stronger Relationships and the event once again brought together FASD coalition members, FASD service providers and Elders from across Manitoba to build upon the networking that began at the 2016 Gathering.

## **Day One – ½ Day of Networking for Coalition Members**

This year's gathering began with a ½ day networking opportunity for members of the FASD coalitions across Manitoba. It also provided an opportunity for FASD coalition members to provide feedback to the LAEO project's Popular Education subcommittee on some of the resources they have developed.

### **Coalition Updates**

Holly Gammon (Manager of FASD Initiatives at HCMO) welcomed everyone to the first day of the gathering. Her opening remarks addressed how a major focus of the work around FASD in the last couple of years has been on listening and sharing with our Indigenous Elders and Spiritual Advisors around the province about how to make our programming more relevant to our Indigenous program participants. Through evaluation of our FASD programs we have found that 80 – 85% of our intervention program participants, and about 95% of our prevention program participants, self identify as Indigenous. FASD is not an Indigenous issue, it affects people from all walks of life, however with our high rates of Indigenous program participants we recognized the need to engage with our Indigenous leaders and Elders. Through engagement we will develop meaningful relationships which lead to a better understanding of how history has brought us to where we are, how a (re)connecting to culture can support healing, and how working together will result in the best possible supports. Our sole focus on western programming is no longer the best we can do.

Next, Ken Lamoureux (HCMO) led FASD coalition members through a networking activity. Each coalition was given time to reflect on the past year and to think about the

work their coalition accomplished during that time. Coalition members were then asked to write these accomplishments down on a piece of flip chart paper. Next, they were asked to think about their plans for the upcoming year and identify any potential opportunities to partner with other coalitions and write these ideas down on their flip chart paper.

For the next part of the activity, coalitions volunteered to come up to the front of the room one at a time to present their updates. Each coalition shared the updates that they had written on their flip chart paper and then left their paper posted to the wall. As each coalition presented, the rest of the group was asked to write any thoughts/questions/suggestions they had for that coalition down on sticky notes.

Once half of the coalitions presented their updates, the entire group was given 5 minutes to go up to the front of the room to read each coalition's updates and to post their sticky notes onto the flip chart papers. This process was repeated again for the rest of the coalitions who had not yet presented their updates. All of the coalition updates can be found in Appendix A.

## **Popular Education Resources**

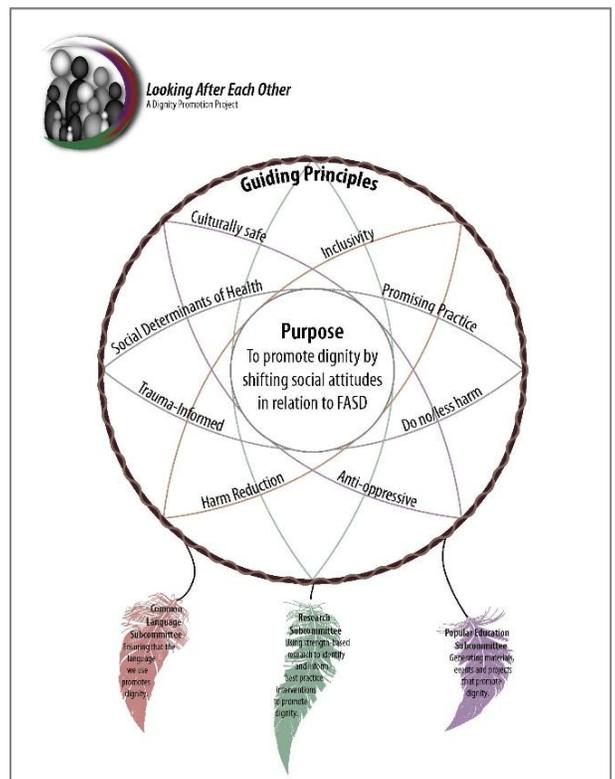
Shannon Foster (Manitoba Key Worker) and Devon Ungurain (FASD Diagnostic Coordinator) led a discussion with coalition members to get their thoughts on some of the resources Popular Education has been working on. Shannon and Devon began by showing everyone the subcommittee's first mini-documentary "A Place Where I Belong: Community Making a Difference", which can be found on the LAEO page of the Manitoba FASD Coalition's website: <http://www.fasdcoalition.ca/looking-after-each-other-project/mini-documentaries/>

Coalition members were then asked to discuss the companion document to Chris' video called "Getting Started in Your Community". This document was developed because often when the film has been shown in different communities many questions arose about how the supports came about. This document is intended to help people begin

considering ways they might bring their community partners together to support someone with FASD (Appendix B).

Shannon also provided updates from a workshop that she recently attended that focused on the use of social media for non-profit organizations. She shared some information on how the Manitoba FASD Coalition and community FASD coalitions could utilize social media platforms such as Facebook or Twitter to share information and promote dignity for people impacted by FASD. Coalition members expressed some concerns regarding the possibility of negative or stigmatizing comments being posted on their Facebook or Twitter pages, but overall they were interested in learning more about the use of social media to promote the work being done by FASD coalitions in Manitoba.

Another document that was shared was the Dream Catcher, which shows visually the purpose, guiding principles and the three subcommittees of the LAEO Project. (Download it here: [www.fasdcoalition.ca/wp-content/uploads/2016/09/LAEO-Guiding-Principles.pdf](http://www.fasdcoalition.ca/wp-content/uploads/2016/09/LAEO-Guiding-Principles.pdf)).



## Manitoba FASD Coalition Updates

Carrie McIntosh and Noella Gentes (Manitoba FASD Coalition Chairs) shared an update with community FASD coalition members letting them know that the Manitoba FASD Coalition is planning to offer grants of up to \$500 to assist community FASD coalitions to host events in their communities in the 2017/18 fiscal year. Carie and Noella promised to provide more details after the Manitoba FASD Coalition's May meeting.

Ken Lamoureux also asked each coalition to provide their contact information so that each coalition can be added to the FASD Resource Map on the Manitoba FASD Coalition's website: <http://www.fasdcoalition.ca/resources/fasd-resource-map/>

## Day Two – Building Stronger Relationships

Day two took place at the St. Norbert Arts Centre and it provided an opportunity for FASD coalition members, FASD service providers, FASD program participants, and Elders from across Manitoba to network and share with each other.



Everyone in attendance received assigned seating on tarps and chairs based on the area of Manitoba where they reside. This allowed Elders, service providers and program participants the opportunity to work together within their own region on issues relating to FASD (See the map of FASD

programs and services available in Manitoba (Appendix C)).



### **Pipe and Water Ceremony**

The day began outside with a Pipe Ceremony, and water blessing and teaching around the Sacred Fire. Everyone was invited to drink the water which had been blessed by the Grandmothers and brought forth by a young woman who was with child.

Drummers from Life's Journey drummed and sang The Welcome Song, welcoming Creator, the Grandmothers, the Grandfathers, and Everyone to the gathering.



## **Introduction and Welcome**

Due to it being a very chilly May morning, everyone moved inside for breakfast and the remainder of the morning where once again, people sat at tables that represented their geographic location within Manitoba.

Holly welcomed everyone and acknowledged that we were hosting the gathering on Treaty 1 lands, the traditional territory of the Ojibway and Dakota people and to recognize the Oji-Cree, Cree, Dene and Metis people of Manitoba.

The advisory and planning committee were thanked for their hard work: Elders Velma Orvis, Wally Swain, Don Robinson, Mary Maytwayashing, Debbie Cielen, Kathy Whitford and Vern Dano and our other awesome planning committee members: Sue Mozdzen, Noella Gentes, Debbie Parker, Maraleigh Short, Wahlea Croxen, David Budd, Jasmine Smith, Twyla Gilroy, Ken Lamoureux and Kathy Andrew.

This was followed by a brief history on how the FASD Coalitions around the province began the LAEO project, how it received its name, how the first Elder's gathering was held last year and what projects and initiatives have been completed up to now. For full information go to: <http://www.fasdcoalition.ca/looking-after-each-other-project/>

Holly continued by saying that although the LAEO project's three subcommittees have done tremendous work in raising dignity for those impacted by FASD, raising dignity is also about giving program participants an opportunity to learn from the Elders about their history, their culture, how to love and respect themselves for who they are, and to take pride in their traditions.

Picking up where we left off last year, this two day gathering was meant to be an opportunity for building stronger relationships by bringing together Elders, service providers and program participants from around the province. Many of the Elders came with teachings, many FASD service providers came with information to share, and many participants came with stories to tell about what they need from their supports. She explained how there would be different

activities going on throughout the day, and that everyone was to take charge of their own learning as to what activities and information they wished to take in.

### **Teaching on Looking After Each Other**

Elder Velma Orvis was welcomed, and she provided a Teaching on looking after each other and why this is so important to the work being done within this project.

### **Panel Discussion on the Meaning of Tobacco and how it is Offered**

The panel included Elder Debbie Cielen (FASD Life's Journey Inc.), Debbie Parker (Portage la Prairie Friendship Centre), Noella Gentes (Aboriginal Health and Wellness Centre) and Elder Ed Azure (University of Manitoba).

Panel members were asked questions such as: what does it mean when we offer tobacco? What does an Elder do with the tobacco? What do you do if program participants do not have money to buy tobacco? What would I (as an FASD service provider) do with a tobacco tie when it is given to me? How do we start a conversation about culture with our program participants?

The panel members helped FASD service providers learn more about offering and receiving tobacco and how to support their program participants when connecting/reconnecting to their culture.

*“I have come to understand that within the Indigenous community there are different teachings (some are very similar but different). This can be very confusing. I think utilizing a panel is a great way to demonstrate these differences while acknowledging the differences are okay.”*

*- Gathering Participant*

## Community Group Discussions

After the panel discussion, participants were given time for small group discussions at their tables. Sitting in their geographic community groups, people discussed how to introduce and provide cultural supports within programs where little/none has existed to date. This topic was well received, and people shared the following:

*How do we start a conversation with our program participants around connecting/reconnecting to Indigenous culture?*

- Have an Elder or Spiritual Advisor connected to the organization
- Find/provide regular opportunities for Elders so you're not constantly searching (i.e. every Wednesday at 1pm)
- Offer individual and group activities
- Ask participants if they are interested in learning (more) about their culture
- Make cultural supports visible within your programs, participants will access them when they are ready!
- Listen for signs of interest in: drumming, hunting, beading, land/animals, and helping
- Educate yourself about the history of colonization and the trauma that is tied to it and how culture can be part of the healing journey

*How do we encourage (not push) a program participant to explore their culture again if they have had a bad experience previously?*

- Establish trust
- Use a trauma-informed approach
- Let people choose their Elder, and support them where they want to go – don't abandon them

*Where are the cultural hubs in our community?*

- MaMaukolikha Centre
- Behavioural Health Foundation (BHF)

- St. Norbert Arts Centre
- Thunderbird Lodge
- North End Women's Centre
- Ndinawi
- Wabung
- Neechi Common
- SnowBird Lodge
- Indigenous Leaders Executive Directors Group
- Ikwe-Widdjiitwin
- Wings of Power
- Sundance
- Friendship Centre
- Manitoba First Nations Education Resource Centre (MFNERC)
- Sagkeeng Wellness Centre
- Kakegance Centre
- Ma Mawi

*What programs are available in our community for women who are using substances, children impacted by substance use/FASD and engaging fathers/communities to support women not to drink during pregnancy?*

- InSight Program
- New Directions
- Spirit of Peace at Ma Mawi (Bently Du Bois is the Men's program facilitator)
- Mothering Project
- FASD Life's Journey
- Christie House AFM
- STAR Program
- Aboriginal Health and Wellness

*What works well in these programs?*

- Establishing relationships through respect, kindness, understanding, love, compassion and trust
- Long term support
- Group activities
- Culturally grounded programming
- Recognizing that people connect in different ways – through the heart, mind, spirit and body
- Funding to provide food
- Tobacco offerings
- Having support outside of 9am-5pm
- Involving parents and families

*“I like the idea of breakout activities- the beading, etc. I did not participate in these as I was ‘there to learn’ and afraid of missing something important.*

*It has made me examine my own values/beliefs: why do I place importance on some activities and not others, especially when I encourage others to utilize these same kinds of activities?*

*I want to try beading or other next year. By experiencing it first-hand I think I will learn that it has more importance and value than I initially placed on it.”*

*- Gathering participant*

Stella Blackbird suggested that we develop an Elder’s Network so that FASD service providers would know which Elder to contact in their community if they had questions or were supporting a program participant to connect/reconnect with their culture. A sign-up sheet was passed around and Elders wrote down their contact information if they were interested in being on the list. HCMO agreed to collect all of the contact information and shared it with FASD service providers after the gathering by email.

### **Afternoon Activities**

The afternoon portion of day two was held outside with the main presentations and discussions taking place around the Sacred Fire. Participants had the option to either sit near the Sacred Fire to listen or to join an activity that was set up further away from the Sacred Fire. The activities, each lead by an Elder, included: rock painting, making dreamcatchers, medicine bag sewing, beading and cultural games. The idea here was that participants at these activities

would be able to learn from the Elders at the activities, as well as hear the presentations and teachings around the Sacred Fire. Beading took place in a warm, quiet corner inside, away from the rest of the gathering.



## Discussion with the LAEO Project's Research Subcommittee

While the activities were going on, each of the researchers from the University of Manitoba who are part of the LAEO project's Research Subcommittee were introduced and spoke briefly about their work on the \$2.5 million Social Science and Humanities Research Council (SSHRC) Partnership Grant. The researchers, Brenda Elias, Cathy Rocke, Cheryl Fraehlich, Marlyn Bennett and Marleny Bonnycastle, gave a broad overview of the research project to date and shared that they were looking for Elders to come on board to provide guidance to the research. Cathy Rocke from the University of Manitoba began the afternoon with a presentation on Cultural Humility.



Everyone then had opportunities to ask questions and share teachings. Several themes were revealed throughout the afternoon as people spoke about parenting, love, and attachment. Hopes for the future were also revealed through discussions on how to work together, bridging physical distances, as well as cultural and political boundaries.

The researchers were reminded that there has been a long history of research on Indigenous people by non-Indigenous people without proper consultation, respect and

feedback to the communities, and were cautioned about following in those steps. The researchers received this warning and took the opportunity to reiterate their desire for an Indigenous advisory.

To close the day, Elder Debbie Cielen and drummers from Life's Journey drummed and sang around the Sacred Fire.



## Day Three – Building Stronger Relationships

### Drumming and Welcoming Remarks

Day three was held at Robert A Steen Community Club and participants were welcomed to the final day of the gathering by the Mothering Project drumming group.



### Teaching on Parenting and Family Life

Elders Mary and Percy Houle were introduced and they provided a Teaching on family life and the traditional roles of men and women within the family.

## Premiere of the LAEO Project's New Mini-Documentary

Everyone in attendance had the opportunity to be the first group to watch the newest mini-documentary that was developed by the LAEO project's Popular Education subcommittee. The mini-documentary shares the story of how a community program called Manito Ikwe Kagiikwe (The Mothering Project) in the Point Douglas area of Winnipeg meets women with addictions where they are at on their journey of self discovery, healing and belonging.



The mini-documentary entitled *“Meeting Women Where They’re At: Community Making a Difference”* follows Evelyn and Angela, two program participants from the Mothering Project, who share their powerful stories of how the holistic programming has supported them to feel

pride in who they are, overcome their addictions, engage with their culture, and gain confidence in their parenting skills.

### **Panel Discussion**

The program participants and staff from the Mothering Project were in attendance to watch the debut of the mini-documentary and participated in a panel discussion after the video was shown. Evelyn and Angela, as well as some of the Mothering Project staff, answered questions about what makes the Mothering Project different from other programs they have attended, what kinds of services are available at the Mothering Project, what surprised them about the staff who work there, what keeps them coming back to the program and how women come to know about the program.

Tammy Rowan (Program Manager at the Mothering Project) was asked to share her thoughts on what other community programs could do to make their programs as effective, supportive and appropriately responsive to women as possible. Tammy responded by saying that programs need to be welcoming and respectful the first time women walk in the door, that way women are more likely to come back. They need to be non-judgemental and to accept women no matter where they are at on their journey. Also they need to truly believe that women carry all the teachings they need within them and that a service provider's role is to walk with women and gently remind them of what they already know.

After the panel was finished, participants were given an opportunity to share their thoughts on the video and to offer words of encouragement to Evelyn and Angela for the courage they showed in making the video and how powerful their message of hope was for everyone in attendance.

### **Presentation on Reconciliation**

To begin the afternoon, Ry Moran from the National Centre for Truth and Reconciliation (NCTR) at the University of Manitoba provided a presentation on reconciliation and the work being done by the NCTR.

Ry provided participants with a booklet that has been developed by the NCTR that highlights the Truth and Reconciliation Commission's 10 principles of reconciliation, the 94 calls to action and the 46 articles of the United Nations Declaration on the Rights of Indigenous Peoples (UNDRIP). Ry mentioned that these booklets are available for purchase through the NCTR by calling: 204-474-6069 or toll-free: 1-855-415-4534.

## Discussion on the Mapping the Gaps Report

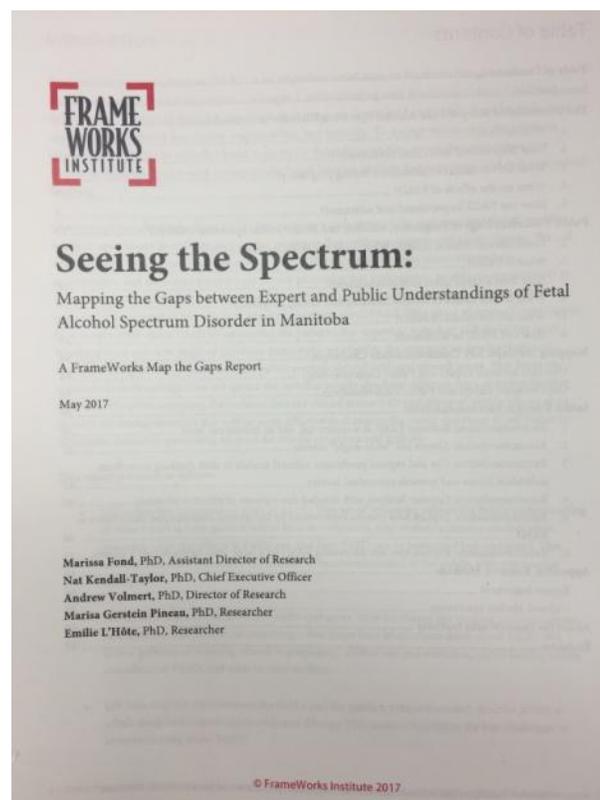
The Frameworks Institute recently completed a report for the Common Language subcommittee of the LAEO project and its partners (Manitoba Liquor and Lotteries, Addictions Foundation of Manitoba and the CanFASD Research Network), which highlights the gaps between expert and public understanding of FASD in Manitoba. The report is called "*Seeing the Spectrum: Mapping the Gaps between Expert and Public Understandings of FASD*" and it will be posted to the LAEO section of the Manitoba FASD Coalition's website:

<http://www.fasdcoalition.ca/looking-after-each-other-project/>. The Frameworks Institute is well known around the world for helping to change the general public's attitudes around social

issues including mental health, early childhood development, and addictions. The Frameworks Institute included the following groups in their 'expert' category: researchers, medical doctors, caregivers, service providers and advocates.

Members of the Common Language subcommittee (see Appendix D) briefly shared some of the biggest gaps between public and expert understanding highlighted within the report.

Subcommittee members met with small groups of gathering participants to share one or two gaps and participants provided their initial thoughts on how we can address these gaps in the public's understanding leading to focused and engaging



conversations. With the clock ticking down on the last day of the gathering, these conversations had to be cut short. Much more work related to the Frameworks report is needed, and will likely be a point of discussion within all three of the LAEO subcommittees, and beyond, in the coming year(s). Members of LAEO find value in the report because it highlights the areas where we still have work to do to help the public to develop a better understanding of FASD and alcohol use during pregnancy.

## **Large Group Discussion & Reflections on the Annual Gathering**

After the Common Language subcommittee finished their presentation on the Frameworks report, Holly led everyone through a large group discussion to get people's thoughts/reflections on this year's gathering. Gathering participants were asked to comment on four questions. The key themes that came out of the discussion, as well as the handwritten and online responses are presented below:

*Venue/process – for those of you who have never been to a land based gathering before, how was it? For those of you who know lots more about this than us – how did we do?*

- Land based makes the gathering more interesting and enjoyable
- Having the gathering outside was an excellent idea
- Loved the sacred fire
- Weather did not cooperate to have it land based – reminders should be sent about bringing warm clothes/blankets

*Our theme and goal for this year's Gathering was: Building Stronger Relationships. How did we do? Did you build stronger relationships?*

- Great opportunity to meet people working in similar areas

*“I think there are many benefits to this type of gathering but the weather is something that will always be a factor. If we believe that this is something we value then we should do it and prepare as best we can for Mother Nature's mood swings”*

*- Gathering Participant*

- Community, and making connections for future work is important locally and provincially
- Sharing experiences is valuable – more opportunities to talk with Elders please
- Networking and/or building stronger relationships happened for me!

*If we had funding to do another gathering next year, what would you want to keep the same, what would you want changed?*

- Keep the same:
  - Time for activities!
  - Being on the land/outside
  - St Norbert was a great location
  - Elder Teachings
- Change:
  - Try for June in the hopes of better weather
  - Couldn't always hear everything (noisy room inside on the first day; difficult to hear Teachings from activity locations)
  - Be mindful of how discussion questions are being framed if program participants are being included in discussions
  - Choose one location for the whole gathering, somewhere closer to accommodations
- Undecided – the feedback about activities came from two directions:
  - Having activities to do while listening to the discussion around the fire was valuable for me
  - Trying to do activities and hear everything that happened around the fire was difficult for me

*If we did another Gathering next year, what should we focus on in terms of Teachings and learning opportunities? (note that this question only appeared on the surveys that went out after the gathering – if you filled out the paper survey at the gathering, you were not asked this question. We thought to add it after the fact.)*

- Time for sharing success stories and how to work with people

*“Building Stronger Relationships’ was a very thought provoking theme/goal. It takes quite a bit for someone such as myself, an introvert, to share my thoughts/ideas/opinions. It felt like a very safe/supportive environment to do so. Having the opportunities to speak and listen to so many Elders was a wonderful experience.”*

*- Gathering Participant*

- Traditional Teachings
- Ceremony and medicine
- Finding/creating safe spaces for Indigenous and non-Indigenous people to work collectively
- Diversity within/between Indigenous nations
- How to incorporate what we have learned here into our work

### **Closing Remarks, Round Dance and Prayer**

Holly thanked everyone for attending the gathering and then invited Elder Marie Ballantyne to provide a closing prayer. Participants were then invited to take part in a round dance that was led by Elder Debbie Cielen and one of the program participants from the Mothering Project drumming group.

## **Appendix A: FASD Coalition Updates**

### **Winnipeg Service Providers/Manitoba FASD Coalition Highlights**

2016/17

- A lot of networking and promoting resources for FASD
  - HSC – Addiction unit
  - WCC – Women’s Correctional Centre
  - Parole Office, Probations
  - MYC – Manitoba Youth Centre
  - Sara Riel
  - ANCR – Lunch & Learn
- Case Management Event – The Pas & Winnipeg
- Jackie Pie Research Event
- Looking After Each Other video
- Language Guide
- Lunch & Learn info series
- Revamp website

2017/18

- Survey for strategic plan
- Continues all of the above
- Blog (Revamp website)

### **Flin Flon/ Creighton – FASD Committee**

- BreakFASD
  - Games, breakfast and presentation at Northlands College
- Father’s Day Gum Campaign
  - Gum with information on the package about FASD handed out in bars
- Fidget Toys
  - Supply to schools for classroom use
- Vision & Voices
  - Service provider lunch
  - 2 school presentations
- Info presentations

## The Pas + area FASD committee

2016

- September 9<sup>th</sup>
  - Displays @ Friendship Centre
  - Free t-shirts/balloons
  - Donation from Kinsmen
  - RCMP escort
  - Lunch by United Church
  - Drummer
  - Opening prayers – Alnin and Rebecca
  - Guest speaker – “Living with FASD”
  - Giveaways – Key chains, balloons, FASD knot pins
  - Proclamation Town & OCN
- November 1<sup>st</sup> + 2<sup>nd</sup>
  - Shine Some Light 90 & Looking After Each Other 38
    - Org’n presentations
    - Ken + Mel
    - Case Studies
      - Prevention
      - Youth studies
      - ♂ FASD
      - ♀ Pregnant & Drinking

2017

- 50/50 Draw @ Trappers Festival - \$485.00
- Kim Barthel – Mindfulness/FASD/Attachment, Looking for partners
- Bursaries for grads at OLC, MBCI, MD
- September 9<sup>th</sup>, 2017 – Walk & Lunch
- Membership recruitment
  - Insight Coord & Mentors
  - FASD diagnostic Coord
  - OCN CFS – Adoption
  - Kelsey School Division – Student Supports
  - FASD Youth Justic
  - Rosaire House

- MFFN

2018

- FASCETS
  - Nancy Hall
  - Neurobehavioral Model
  - Looking for Manitoba partners

### **Brandon + Area – FASD Committee – Dean Werbiski & Melonia Dyce**

1. FASD Awareness Day – September 9<sup>th</sup>
  - Proclamation – City of Brandon
  - School Displays – Stress Brains/info
  - Lunch & Learn – Life’s Journey – networking
2. Info banners (3 months) & Bus bench (6 months)
3. Preschool Wellness Fair
4. 5 meetings
5. FASD info series – 2 locations

Plans for 2017/18

- Would like to have an info day on any/all 3 pillars
- Working on FASD day – BreakFASD

Challenges – Active membership

### **Portage + Area – FASD Coalition**

- FASD Awareness Day – BBQ @ Co-Op
- Addictions Awareness Week – Lunch & Learn
- LAEO – Education Session for Public
- Cupcake Crashes (~2)
  - Choose an agency or business and bring cupcakes with FASD messages on them
- Portage Medical Clinic
  - Provided bags with Coalition Logo and FASD info to prenatal nurse to hand out

### **Northeastman Coalition**

- A Place Where I Belong – Chris Story
- Alternate meetings from Pine Falls to Beausejour

#### Plans for 2017/18

- New Chair
- Fundraising
- Addictions Presentation in April
- Art Therapy Presentation in July

Challenges: New Chair, Recruiting caregivers

Guy has had the opportunity to present in schools

### **Southeast FASD Coalition**

#### Highlights

- Pamphlets handed out at Liquor Stores
- International Awareness Day
  - Handed out coasters at bars
  - Interview + article on local radio and news website
- Created logo
- PD event: Fostering success for individuals living with FASD
- Added new members to Coalition
  - Professionals & caregivers

### **Interlake Coalition**

#### 2016/17

- FASD Day – Brain Blitz 2016
- Visions + Voices School Presentation (5)
- L.A.E.O (Popular Education) – Members
- Strengthening Families (Maternal Health) + Education session (101 + strategies)
  - Used coalition as active feedback
  - Disbursed language guide
  - Feedback for “Getting Started...”
- AFM on Board

- Tried to partner with Brokenhead
- Networking
- Promoted Lunch & Learns (2 communities)

2017/18

- Possible one-day or evening FASD awareness session in fall with V+V
- Possible art therapy presentation in fall
- Stigma workshop
- Changing frequency of meetings/ nominating new chair

### **Norway House/ Cross Lake**

- Norway House FASD Community
- 2016 – Hired an FASD manager
- 2017 – Lost old manager, hired a new one
- Cluster Groups in Health
- FASD walk (September)
- Displays in workshops – Schools

Plans for 2017/18

- FASD conference
- FASD Awareness walk – September
- Visions + Voices
- Building Circles Training – 8 weeks
- Parent Support Group
- Jordan's Principle – Progress
- MB Coalition Info Series
- Mobile Kitchen
- Referrals to MB FASD Centre – 7 sent since march 2017

### **Manitoba First Nation FASD Coalition**

- Child Development Advisory
- I am Cree from OCN + work with CNTHC as the STAR Program Manager
- I am Co-Chair of the above advisory
- I sit at this table as representative for the MBFNCDA.
  - To network, share and collect information regarding this group and our advisory

## Highlights 2016/17

- Website development for MBFNCDA
- FASD became permanent \$ 2016 / JP new \$

## Plans for 2017/18

- TBD @ Next meeting/ CNTHC/ FASD/MH/NAPSYS camp
- Potential Opportunities for Partnership
- Research Longitudinal Epigenetics Study
- Training in the region

## **South Parkland FASD Coalition – Dauphin**

- Challenge
  - Membership
  - 2017/18 – Work to recruit new members
- Focus 2016/17 – Info series awareness/attendance
- Potential partnering – Nearby
- First Nation Communities – Jordan's Principle

## **North FASD Coalition – Thompson**

- Going through process of re-branding
- Social media based awareness campaign for September 9<sup>th</sup>
- Recruited an elder for committee
- Presentation to Justice
- Looking for youth membership
- Networking opportunities
- 1 member on Looking After Each other
- Sub – Common Language Committee

Challenge – Transient workforce

## Appendix B: Getting Started in Your Community

### A Place Where I Belong: Community Making a Difference



*Looking After Each Other*  
A Dignity Promotion Project

### Getting Started in Your Community...

When this mini-documentary is viewed, questions often arise about how other communities can begin exploring ways to support a person with FASD. The model presented in the video was a good fit for Chris but will likely look different for the person you are supporting, depending on their interests/strengths, and the communities interest/resources. Here are some initial suggestions that have been developed in conversation with the Helping Hands Program based out of the Wings of Power Resource Centre in Pine Falls. Because each community has its own unique strengths and unique resources each developmental process will be different. It can be a slow complex process. The most important piece is the development of relationships through face to face meetings; quick phone calls, emails and letters seldom work.

#### **1. Understanding the individual(s) in your community who need support.**

- a. Identify a key support person who has built a trusting relationship with the individual and can be present with the individual to discuss:
- b. His/her needs, strengths, and goals.
- c. Does the person have a diagnosis of FASD?
- d. What kind of job placement would be of interest to the person?
- e. What kind of living arrangement would be a good fit for the person?

#### **2. Look for an existing agency in your community that could be a "home base" for the initiative and is willing to explore new opportunities for providing support. These could include a friendship centre, a family resource centre, a not-for-profit agency, a community club, a church, etc.**

- a. What resources and supports could this organization offer currently?
- b. What further resources and/or supports could be developed by the organization?

**3. Look for a 'champion'/'champions' in the community who can take leadership on the initiative.**

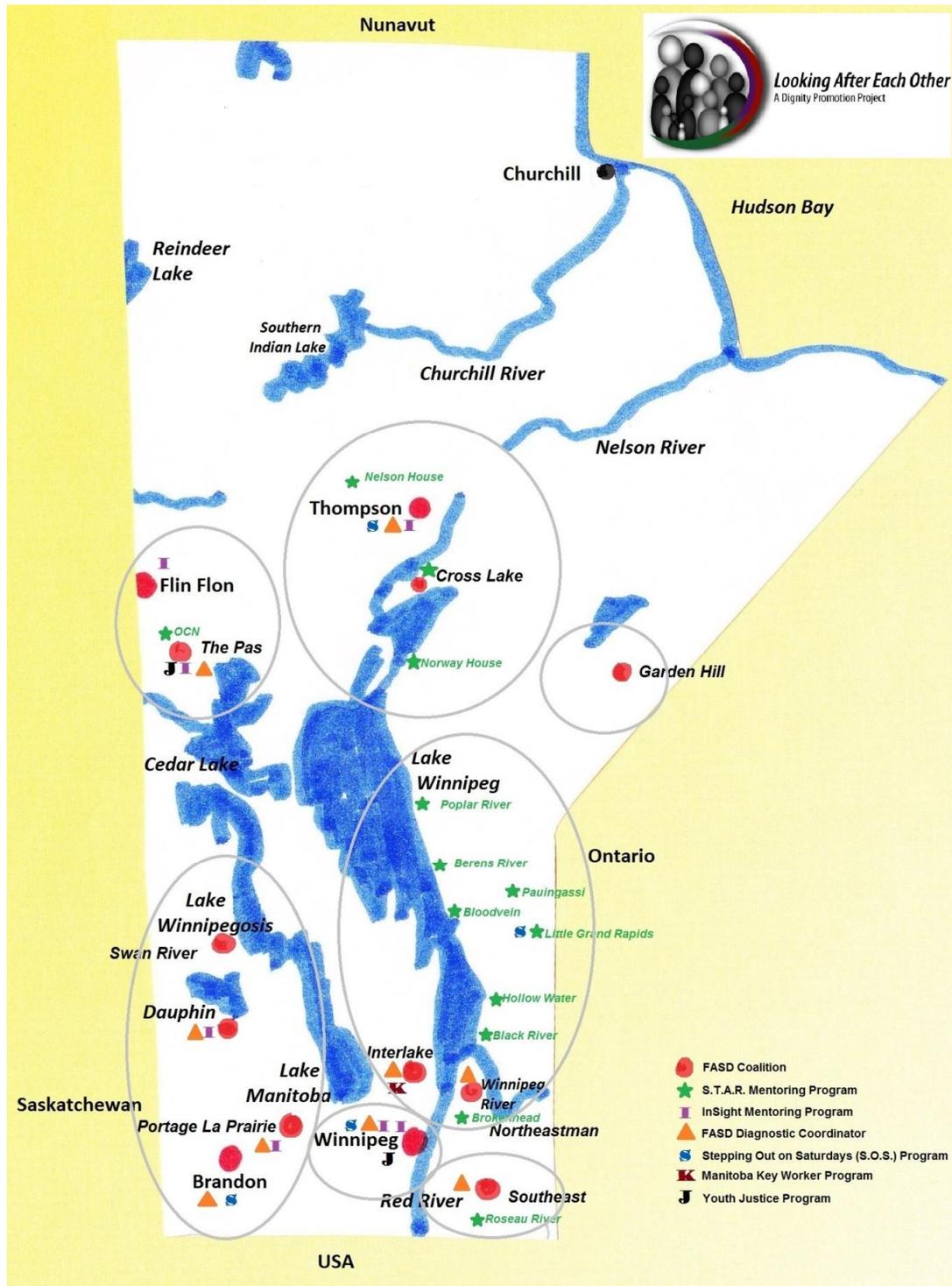
- a. What resources/connections/abilities does this person have?
- b. How will this person rally the support of others in the community?

**4. Begin to explore how different organizations in the community could get involved.**

- a. Are there local sources of funding that might help support the initiative? (ie. Chamber of Commerce, Rotary Club, local United Way, etc.) Who will ask?
- b. Are there employers (ie. bakeries, cleaning companies, etc.) in the community who may be able to employ (volunteer, casual, or paid positions) a person/people with FASD? What supports would the person/people require on and off the job to make this employment successful? What information or shifts in perspective may be needed to educate the business about people with FASD?
- c. Which businesses within the community are 'key' players that could influence the rest of the business community to get involved?
- d. Are there local businesses (grocery stores, clothing stores, radio stations, etc.) who may be able to provide material donations or support towards the initiative?

Video Link: <http://www.fasdcoalition.ca/looking-after-each-other-project/mini-documentaries/>

# Appendix C: FASD Programs and Services Available in Manitoba



## **Appendix D: LAEO Project Planning Committee and Subcommittee Members**

### **LAEO Planning Committee**

Kathy Andrew	Melanie Muehling
David Budd	Sue Mozdzen
Elder Debbie Cielen	Elder Velma Orvis
Wahlea Croxen	Debbie Parker
Elder Vern Dano	Elder Don Robinson
Holly Gammon	Maraleigh Short
Noella Gentes	Jasmine Smith
Twyla Gilroy	Elder Wally Swain
Ken Lamoureux	Elder Kathy Whitford
Elder Mary Maytwayashing	

### **LAEO Popular Education Sub-Committee**

Kathy Andrew	Melanie Muehling
Lisa Balcaen	Debbie Parker
Guy Borlase	Leanne Price
Shannon Foster	Maraleigh Short
Holly Gammon	Devon Ungurain
Noella Gentes	Joanne Wyman

### **LAEO Common Language Sub-Committee**

Kathy Andrew	Ken Lamoureux
Teresa Brown	Simon Laplante
Twyla Gilroy	Chantal McClelland
Dee Harvey	Melanie Muehling
Rodney Jones	Colleen Tower

**LAEO Research Sub-Committee**

Kathy Andrew (HCMO)  
Marlyn Bennett (University of Manitoba)  
Brenda Elias (University of Manitoba)  
Marleny Bonnycastle (University of Manitoba)  
Cheryl Fraehlich (University of Manitoba)  
Kathryn Levine (University of Manitoba)  
Cathy Rocke (University of Manitoba)  
Holly Gammon (HCMO)

***Partners on the SSHRC Partnership Grant (including those above under Research):***

Graham Wylie/Debbie Cielen (Life's Journey)  
Jared Baker/Noella Gentes (Aboriginal Health & Wellness)  
Sue Mozdzen (Ma Mawi Wi Chi Itata Centre)  
Richard De La Ronde (Sandy Bay Child and Family Services)  
Cathy Wiebe (Manitoba Foster Family Network)  
Dan Smith (University College of the North)  
Cheryl Fraehlich (RESOLVE)