

CHASE

OF THE BEHAVIOR

Greg Santucci, Occupational Therapist

"THE WHY" could be:



- I'm focused on something else
- I didn't sleep well
- I'm overwhelmed
- I was late to school
- There's stress at home

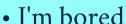
- It's too loud in here
- I'm hungry

OR

- My shirt is itchy
- I have to use the bathroom
- The classroom is just too much right now







- You're not teaching the way I learn
- I don't understand
- I'm embarrassed to ask for help
- I don't know how to get started

THERE ARE MANY MORE "WHYS"

- The outside behavior is a signal that there's a problem on the inside.
- Don't react to the outside behavior. Find out WHY the behavior is occurring.

The WHY is never simply "attention seeking" or "avoiding". KEEP CHASING!