

**Manitoba FASD Coalition Inc.
And the Manitoba FASD Family Network**

**Updating Our Conversations About Alcohol and
Other Substance Use**

***Featuring
Nancy Poole and Lindsay Wolfson
Of the Canada FASD Research Network***

**Friday, May 1, 2020, 12:00 – 1:00 p.m.
Via Zoom On-line Conferencing**

Reaching individuals in childbearing years through respectful conversations about alcohol and other substance use is key to FASD prevention. In Canada, we need to continue to grow our response to binge alcohol drinking by women, as well as the high use of prescription pain medication, the increasing evidence about cannabis use since legalization, and the effects of vaping of nicotine and cannabis. New research about the health effects of these substances for women, and ongoing advice from people with lived/living experience, prompt health and social care providers to continuously update their approaches to discussing alcohol and other substance use. We are also challenged to contextualize substance use responses in what we are learning about trauma, gender and other determinants of health. This session will build upon work by the Centre of Excellence for Women's Health on trauma- and gender-informed brief intervention/support and will look closely at how we are integrating wise practice related to: stigma reduction, gender-, culture, equity-informed approaches and combined responses on alcohol, tobacco, cannabis and opioids.

Key Takeaways:

- Identify existing and promising practices for discussing alcohol, tobacco, cannabis, and opioids in the preconception and perinatal periods;
- Recognize opportunities to apply gender-, equity- and trauma-informed approaches to discussing and providing support related to substance use; and,
- Bring attention to the importance of continuing to discuss alcohol and help women prevent FASD, even as our attention is drawn to emerging cannabis, opioids and tobacco strategies.

**This is a FREE event sponsored by the Manitoba FASD Coalition
And the Manitoba FASD Family Network**

Session will run 12:00 pm to 1:00 pm

Due to the current situation with the Covid-19 pandemic, this Info Series Workshop will be in the form of a webinar. To register, please email coordinator@fasdcoalition.ca.