LEARNING THE DANCE

Community Making a Difference



Looking After Each Other A Dignity Promotion Project

FASD is a medical diagnosis made by a team of professionals, including a medical doctor, who assess ten (10) brain domains that can potentially be impacted by alcohol exposure during pregnancy (see attached document). It is important to understand how the impact on certain brain domains is often the underlying reason for the behaviours of children and teenagers with FASD.

Students with FASD are as different from each other as any group of children; this documentary highlights two stories of individuals and their families/school as they work together to build relationships of greater understanding.

REFRAMING STRATEGIES What are some strategies you saw In order to understand an individual with FASD, we can highlighted in the documentary? learn to reframe their behaviours. For example: rather What strategies could you try in your than view disruptive behaviour as willfully defiant or manipulative, we can shift to view behaviour as a result of a brain-based difference that requires a compassionate and understanding response. How did the staff and faculty of the school reframe Troy and Arielle's behaviour? What are some ways you can shift the way you view behaviour? AHA! What "AHA" moments did you have about FASD after watching the video? **RELATIONSHIPS** How does this learning make you What did you see the families & think differently about your role? schools do to build relationships? How could you build relationships in your school/community?

Video Link: http://www.fasdcoalition.ca/looking-after-each-other-project/mini-documentaries/